

Meal Donations

Fuel our Community: Prepare a Meal for IPH Guests
Albany, NY

1

Sign up to donate a meal to IPH online at www.iphny.org/getinvolved or reach out to liams@iphny.org, 518-434-8021 x205.

2

Prepare 35 meal servings using the suggested portions:

- ◆ Protein: 10-13 pounds
- ◆ Starch: 7-8 pounds
- ◆ Vegetables: 7-8 pounds

Package your dish(es) in large, disposable hotel pans.

3

Deliver your chilled meal on the date of your scheduled donation to 176 Sheridan Avenue Albany, NY 12210, 7AM - 4 PM.

Please complete and attach the [Meal Donation Drop Off Form](#).



To learn more about donating meals to support IPH contact:
Liam Schiffman, IPH Food Service Director
518-434-8021 ext. 205 | liams@iphny.org