

Meal Donations

Fuel our community- Prepare A Meal for IPH Guests

1

Sign up to donate a meal to IPH online at www.iphny.org/getinvolved or reach out to liams@iphny.org, 518-434-8021 x205

2

Prepare 35 meal servings using the suggested portions:

- ◆ Protein: 10-13 pounds
- ◆ Starch: 7-8 pounds
- ◆ Vegetables: 7-8 pounds

Package your dish(es) in large, disposable hotel pans

3

Deliver your chilled meal on the date of your scheduled donation
176 Sheridan Avenue Albany, NY 12210 7AM - 4 PM

Please complete and attach the [Meal Donation Drop Off Form](#)



To learn more about donating meals to support IPH contact:
Liam Schiffman, IPH Food Service Director
518-434-8021 ext. 205 | liams@iphny.org



Donate Pantry Items

Help fill shelves & hearts - Donate essential items to IPH's Meal Pantry

Pantry Wish list Items:

- Breads
- Cereals
- Canned Fruit
- Canned Vegetables
- Pastas
- Sauces
- Peanut Butter
- Jelly
- Non-Perishable snacks
- Cooking Oils
- Shelf-stable milk
- Juices
- Hotel Pans
- Zip Storage Bags
- Spices
- Herbs



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[Shop Amazon Wishlist Online](#)